

A. Marked Up Version Per 37 CFR 1.121

1. (Once Amended) A method of sealing a hole in a body part, comprising:

introducing a generally cylindrical shaped mesh into the hole; and

moving at least one end of the cylindrical shaped mesh at least partially [through] into an interior portion of the cylindrical shaped mesh such that the mesh expands radially outwards against sides of the hole.

2. (Once Amended) The method of claim 1, wherein moving at least one end of the cylindrical shaped mesh at least partially [through] into an interior portion of the cylindrical shaped mesh comprises[:] advancing a proximal end of the mesh in a distal direction.

3. (As Filed) The method of claim 2, wherein the proximal end is advanced in a distal direction by a push rod.

4. (As Filed) The method of claim 2, wherein the proximal end is advanced distally past the distal end.

5. (Previously Amended) The method of claim 2, wherein the mesh bulges around the perimeter of the proximal end of the hole and forms an ingress prevention element.

β<sup>2</sup> 6. (Once Amended) The method of claim 1, wherein moving at least one end of the cylindrical shaped mesh at least partially [through] into an interior portion of the cylindrical shaped mesh comprises[:]  
advancing a distal end of the mesh in a proximal direction.

7. (As Filed) The method of claim 6 wherein the distal end is advanced proximally past the proximal end.

8. (Previously Amended) The method of claim 6, wherein the mesh bulges around the perimeter of the distal end of the hole and forms an egress prevention element.

9. (As Filed) The method of claim 6, wherein the distal end is advanced in a proximal direction by pulling on a tether attached to the distal end of the mesh.

β<sup>3</sup> 10. (Once Amended) A [The] method of sealing a hole in [Claim 1, wherein the body part is] a bony structure, comprising:

introducing a generally cylindrical shaped mesh into the hole; and

moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh such that the mesh expands radially outwards against sides of the hole to seal said hole in said bony structure.

11. (Once Amended) A [The] method of sealing a hole in [Claim 10, wherein the body part is] a vertebral annulus, comprising:

B3 introducing a generally cylindrical shaped mesh into the hole; and

moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh such that the mesh expands radially outwards against sides of the hole to seal said hole in said vertebral annulus.

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12. (As Filed) The method of claim 1, wherein the cylindrical shaped mesh is introduced into the hole by:

inserting a tubular inserter into the hole, wherein the mesh is received within a central bore of the tubular inserter; and

withdrawing the tubular inserter from the hole while holding the mesh in the hole.

13. (As Filed) The method of claim 12, further comprising:

pushing the proximal end of the mesh in a distal direction with a cylindrical inserter received within the tubular inserter.

B4 14. (Once Amended) A method of sealing a hole in a body, comprising:

introducing a generally cylindrically shaped mesh into the hole; and

pushing a proximal end of the cylindrically shaped mesh at least partially  
[through itself] into an interior portion thereof.

34 15. (Once Amended) A method of sealing a hole in a body, comprising:

introducing a cylindrically shaped mesh into the hole; and

pulling a distal end of the cylindrically shaped mesh at least partially back  
[through itself] into an interior portion thereof.

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B. Clean Version Per 37 CFR 1.121

1. A method of sealing a hole in a body part, comprising:  
  
introducing a generally cylindrical shaped mesh into the hole; and  
  
moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh such that the mesh expands radially outwards against sides of the hole.
2. The method of claim 1, wherein moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh comprises advancing a proximal end of the mesh in a distal direction.
3. The method of claim 2, wherein the proximal end is advanced in a distal direction by a push rod.
4. The method of claim 2, wherein the proximal end is advanced distally past the distal end.
5. The method of claim 2, wherein the mesh bulges around the perimeter of the proximal end of the hole and forms an ingress prevention element.

6. The method of claim 1, wherein moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh comprises advancing a distal end of the mesh in a proximal direction.

7. The method of claim 6 wherein the distal end is advanced proximally past the proximal end.

8. The method of claim 6, wherein the mesh bulges around the perimeter of the distal end of the hole and forms an egress prevention element.

9. The method of claim 6, wherein the distal end is advanced in a proximal direction by pulling on a tether attached to the distal end of the mesh.

10. A method of sealing a hole in a bony structure, comprising:

introducing a generally cylindrical shaped mesh into the hole; and

moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh such that the mesh expands radially outwards against sides of the hole to seal said hole in said bony structure.

11. A method of sealing a hole in a vertebral annulus, comprising:

introducing a generally cylindrical shaped mesh into the hole; and

moving at least one end of the cylindrical shaped mesh at least partially into an interior portion of the cylindrical shaped mesh such that the mesh expands radially outwards against sides of the hole to seal said hole in said vertebral annulus.

12. The method of claim 1, wherein the cylindrical shaped mesh is introduced into the hole by:

inserting a tubular inserter into the hole, wherein the mesh is received within a central bore of the tubular inserter; and

withdrawing the tubular inserter from the hole while holding the mesh in the hole.

13. The method of claim 12, further comprising:

pushing the proximal end of the mesh in a distal direction with a cylindrical inserter received within the tubular inserter.

14. A method of sealing a hole in a body, comprising:

introducing a generally cylindrically shaped mesh into the hole; and

pushing a proximal end of the cylindrically shaped mesh at least partially into an interior portion thereof.

15. A method of sealing a hole in a body, comprising:
- introducing a cylindrically shaped mesh into the hole; and
- pulling a distal end of the cylindrically shaped mesh at least partially back into an interior portion thereof.